

Fifth Station - Simon of Cyrene Helps Jesus to Carry His Cross

V: We adore You, O Christ, and we praise You.
Â Â Â Adoremus te, Christe, et benedicimus tibi.

R: Because, by Your holy cross, You have redeemed the world.
Â Â Â Quia per sanctam crucem tuam redemisti mundum.

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V: Consider how weak and weary Jesus was. At each step He was at the point of expiring. Fearing that He would die on the way when they wished Him to die the infamous death of the cross, they forced Simon of Cyrene to help carry the cross of Our Lord.

R: My beloved Jesus,
Â Â Â I will not refuse the cross as Simon did:
Â Â Â I accept it and embrace it.
Â Â Â I accept in particular the death that is destined for me
Â Â Â with all the pains that may accompany it.
Â Â Â I unite it to Your death
Â Â Â and I offer it to You.
Â Â Â You have died for love of me;
Â Â Â I will die for love of You and to please You.
Â Â Â Help me by Your grace.
Â Â Â I love You, Jesus, my Love;
Â Â Â I repent of ever having offended You.
Â Â Â Never let me offend You again.
Â Â Â Grant that I may love You always; and then do with me as You will.

(Our Father, Hail Mary, Glory be to the Father)

Can the human heart refrain
Â Â Â Â Â Â Â Â Â Â
From partaking in her pain,
Dolentem cum Filio?

Quis non posset contristari,
Christi Matrem contemplari
In that Mother's pain untold?

Sixth Station